

Kyle Lindsey Olesek, M.A.

EDUCATION

August 2007 University of Indianapolis
To Present Indianapolis, IN
Fifth Year Doctoral Student in Clinical Psychology (Psy.D)
Accredited by the American Psychological Association (APA)
GPA: 3.8/4.0

May 2009 University of Indianapolis
Indianapolis, IN
Obtained Masters of Arts in Clinical Psychology
GPA: 3.9/4.0

August 2003 Loyola University Chicago
To May 2007 Chicago, IL
Bachelor of Science in Psychology
Major: Psychology
Minor: Women's Studies
GPA: 3.3/4.0

CLINICAL EXPERIENCE

SUPERVISED DOCTORAL PRACTICA

August 2011 Domiciliary
To Present Richard L. Roudebush VAMC
Indianapolis, IN
Supervised by Jared Outcalt, PhD, HSPP

Practicum Student/Co-Investigator

- Provide individual therapy (CBT, interpersonal, metacognitive) for homeless veterans diagnosed with PTSD, depression, and personality disorders
- Administer SCID-I and SCID-II in order to obtain proper Axis I and Axis II diagnoses, as well as to obtain substance abuse history
- Assess neurocognitive function through administration of the Vocabulary Subtest of the WAIS-III and the Hopkins Verbal Learning Test (HVLТ)
- Assess metacognitive function through administration of the Indiana Psychiatric Illness Interview, the Bell Lysaker Emotion Recognition Task

(BLERT), Hinting Task, Eyes Test, TAS-20 and BCIS

- Administer Working Alliance Inventory-Short Version on a monthly basis to evaluate the ongoing relationship between therapist and patient, to inform the ongoing process and for overall outcome assessment
- Assess social and vocational outcomes through administration of the Heinrichs Quality of Life Scale
- Analyze data obtained through above measures to determine what factors create negative outcomes for those in the rehabilitation program and to classify Domiciliary occupants as having positive or negative housing outcomes in order to better screen for future occupants
- Write integrative reports based on baseline administration

August 2009
To June 2011

Richard L. Roudebush VAMC
Psychosocial Rehabilitation and Recovery Center (PRRC)
Indianapolis, IN
Supervised by Paul Lysaker, PhD, HSPP

Practicum Student

Based on positive performance reviews on site, was invited to complete a second year

- Provide individual CBT and metacognitive therapy for male veterans with serious mental illness such as schizophrenia, schizoaffective disorder, and personality disorders; most often these veterans also have a dual diagnosis of substance abuse.
- Co-facilitate process groups for male veterans with schizophrenia and other psychotic disorders. These groups focus on topics such as stigma, understanding one's mental illness, and coping with one's mental illness.
- Co-facilitate CBT group therapy for veterans with schizophrenia who are enrolled in a work rehabilitation study. This is a psychoeducational group focused on teaching the CBT model and helping veterans to apply CBT skills to work-related experiences.
- Helped develop materials used in training and supervision for incoming practicum students, as well as training materials for other professionals interested in metacognitive therapy. These materials include a metacognitive therapy adherence scale, role-play transcripts that portray metacognitive therapy, and annotated fictitious semi-structured interviews that teach the use of the metacognitive rating scale.

January 2009 Transitional Assistance Services (TAS)
To May 2009 Indianapolis, IN
Supervised by Roger Perry, PhD, HSPP

Practicum Student

- Provided individual therapy for adolescents with Oppositional Defiant and Conduct Disorders who had been expelled from school. The adolescents were often of low socioeconomic status and/or racial minorities.
- Provided individual therapy for adults who were referred through the Department of Child Services due to substance abuse issues.
- Co-facilitated CBT group therapy for adolescents with ODD and Conduct Disorder, focusing on behavioral issues and substance abuse.
- Administered substance abuse assessments (SASSI) and obtained intake information for prospective adolescents interested in attending TAS.

August 2008 Connections, Inc.
To January Indianapolis, IN
2009 Supervised by Roger Perry, PhD, HSPP

Practicum Student

- Administered psychological assessments and projective tests (WAIS, WISC, WMS, MMPI, WRAT, WIAT, Bender-Gestalt, TAT & Rorschach) and gained integrative report writing experience. Presenting problems included depression, anxiety, cognitive deficits, schizophrenia, and ADHD.
- Performed intellectual assessments for social security disability determination. These evaluations were done on individuals with learning disabilities, as well as those with mood and anxiety disorders. Administered and scored assessments, and wrote corresponding psychological reports that were then sent to the Social Security Administration.

OTHER CLINICAL EXPERIENCE

May 2009 to Connections, Inc.
April 2010 Indianapolis, IN
Supervised by Dr. John Sharp, EdD, HSPP

Evaluation Specialist

Hired based on performance as a practicum student

- Administered psychological assessments (WAIS, WISC, WMS, MMPI) for disability evaluations.
- Prepared integrative reports based on data gathered from intellectual and personality assessments, as well as behavioral observations.

ADDITIONAL ASSESSMENT COMPETENCIES

- Trained in Exner system for Rorschach.
- Trained in administering the Wechsler Test of Adult Reading, Wisconsin Card-Sort Test, and MATRICS.

RESEARCH EXPERIENCE

PUBLICATIONS

Lysaker, P.H., Salvatore, G., Grant, M.L.A., Procacci, M., **Olesek, K.L.**, Buck, K.D., Nicolò, G. & Dimaggio, G. (2010). Deficits in theory of mind and social anxiety as independent paths to paranoia in schizophrenia. *Schizophrenia Research*, 124, 81-85.

Lysaker, P.H., Erickson, M.A., Buck, B., Buck, K., **Olesek, K.L.**, Grant, M.L.A., Salvatore, G., Popolo, R., & Dimaggio, G. (2011). Metacognition and social function in schizophrenia: associations over a period of five months. *Cognitive Neuropsychiatry*, 16 (3), 241-255.

Lysaker, P.H., Erickson, M.A., **Olesek, K.L.**, Grant, M.L.A., Ringer, J., Buck, K.D., Salvatore, G., Popolo, R. & Dimaggio, G. (2011). The association of metacognition with neurocognition and function in schizophrenia: advances from the study of personal narratives. In: M.S. Ritsner (Ed.), *Handbook of Schizophrenia Spectrum Disorders vol II: Phenotypic and Endophenotypic Presentations* (351-366). New York: Springer

Lysaker, P.H., **Olesek, K.L.**, Warman, D.M., Martin, J., Salzman, A.K., Nicolò, G., Salvatore, G., & Dimaggio, G. (In press). Metacognition in schizophrenia: correlates and stability of deficits in theory of mind and self-reflectivity. *Psychiatry Research*.

RESEARCH ACTIVITIES

August 2011 New School Psychology Bulletin
To Present Peer Reviewer

- Provide reviews for articles submitted to the New School Psychology Bulletin. Review articles for APA style, clarity of thesis, writing style, content, methodology, research design, statistical procedures used, sufficiency of literature review, appropriateness of results, and overall clarity and quality

- Provide the editors with a summary of each article reviewed and include an editorial recommendation
- Provide a letter to the writers of each article reviewed on how to improve their manuscript
- Help solicit manuscripts for NSPB from fellow graduate students

June 2011
To Present

Indiana University School of Medicine- Laboratory of Neurophenomics
Research Assistant

- Assist in administering baseline, 3 month, and 6 month follow ups in Dr. Alexander Niculescu's study "Mood State and Other Biomarkers: A Discovery-Based Approach." The purpose of this study is to find a link between a participant's phenotype and biomarkers in the blood that are related to mental illness
- Administer and score Positive and Negative Symptoms Scale (PANSS), Hamilton Rating Scale for Depression (HAM-D), Young Mania Rating Scale (YMRS), SF-36, Total Affective State Scale (TASS), hand motor measures, State Trait Anxiety Inventory (STAI), and the HVLTL.
- Administer and score Diagnostic Interview for Genetic Studies (DIGS) in order to clarify existing diagnoses and gain an understanding of the patient's symptoms. After administration and scoring, an extensive report is written based on the DIGS that includes the patient's background, medical history, psychiatric history, and basis for diagnosis.
- Obtain blood and saliva samples from each participant to be analyzed for genetic biomarkers that may indicate increased or decreased symptoms in the patient
- Maintain updated database by entering data and creating reports based on assessments administered

May 2010
To June 2011

Indiana Institute for Medical Research
Research Assistant

- Assisted in administering cognitive remediation tasks to participants in Dr. Paul Lysaker's study "Metacognitive Deficits in Schizophrenia"
- Assisted in gathering baseline and follow up data "Metacognitive Deficits in Schizophrenia" by administering assessments. Assessments included theory of mind, stigma, intelligence, and self-report measures.

- Assisted in metacognitive research, which looks at metacognition and its relation to theory of mind and symptoms of schizophrenia. Indianapolis Psychiatric Illness Interviews (IPIIs) are rated on a metacognitive rating scale at baseline, six months, and twelve months. The IPII is a semi-structured interview which asks the interviewee about his or her life story and mental illness.
- Assisted in rating IPIIs for purposes of studying how self-reflectivity is related to constructs such as theory of mind, insight, and intersubjectivity.
- Assisted in co-authoring papers based on analysis (using PASW) and interpretation of data gathered in the “Metacognitive Deficits in Schizophrenia” study.

August 2008
To Present Dissertation Topic: Massively Multiplayer Online Role-Playing Games and Their Effect on Relationships: A Qualitative Study

- Proposed February 2010; Data Collection: Ongoing
- Anticipated Defense November 2011

ACADEMIC AND COMMUNITY ACTIVITIES

October 2008 Salvation Army, Indianapolis
Self-Care Presentation, Co-Presenter

- Informed female residents of symptoms of stress and anxiety
- Demonstrated relaxation techniques, and also provided information on constructive ways to reduce stress.
- Underlined the important of taking care of one’s self

August 2007
To Present University of Indianapolis
Indianapolis, IN
Graduate Psychology Association (GPA), Executive Committee Member

- Attend monthly GPA meetings to discuss issues relevant to graduate psychology students at the University of Indianapolis

September 2008
To August 2010 GPA Alumni Liaison

- Coordinate communication between current students and alumni
- Manage LinkedIn networking group

August 2007
To August 2008

GPA Psychology Governance Committee Liaison

- Facilitated communication between students and faculty
- Informed students of important events and policy changes

September 2003
To May 2007

Loyola University Chicago
Chicago, IL

Kappa Beta Gamma Sorority
Active Sister, Promotional Chair

- Designed and ordered merchandise for sorority members
- Participated in recruiting and volunteer events

RELEVANT GRADUATE PSYCHOLOGY COURSES

Clinical

Cognitive Therapy and Schizophrenia
Cognitive and Cognitive-Behavioral
Approaches to Treatment
Learning and Behavioral Approaches to
Treatment
Brief Therapy and Crisis Intervention
Psychodynamic Approaches to Therapy
Substance Abuse Treatment

Assessment

Cognitive and Intellectual Assessment
Comprehensive Personality Assessment

Research

Statistics and Research Methods I
Statistics and Research Methods II

Professional Issues

Allied Health Treatment Teams

PROFESSIONAL AFFILIATIONS

September 2007 to Present American Psychological Association of Graduate Students

HONORS AND AWARDS

2003 to 2007 Damen Scholarship
Loyola University Chicago

2003 to 2007 Dean's List 3 Semesters
Loyola University Chicago

CLINICAL INTERESTS

- Individual and group therapy based on cognitive and humanistic theories
- Metacognitive theory
- Providing individual and group therapy to veterans who are suffering from serious mental illness, substance abuse, and PTSD
- Providing individual and group therapy to homeless veterans
- Empirically based treatments